



Supported by:



# Mummy and Me Kickboxing

The Ihsan Children's centre has organised 2 Kickboxing sessions on Monday 18th February 2019 to promote health and wellbeing.

There will be two sessions the first will be held between 10.30am -11.15am for (2-5 year old) and the second session will 11.15am - 12.00pm for (5-8 year old)

Please note the following strict rules apply:

- This event is funded by Children's Centres therefore priority is given to mothers living in Hackney who have children under 5.
- Bookings are on a first come first served basis; once places are full, forms will not be accepted. **LIMITED PLACES**
- Please hand your forms to the Ihsan office personally, and they will inform you immediately if you do/do not have a space;
- Mothers are advised to arrive 15 minutes before sessions start to allow for getting ready and registration;
- Payment of **£2.00** per person, please provide correct amount as change is unavailable. Payment should be handed in with flyer
- **Dress Code:** clothes should be suitable for sporting activities
- Please bring water with you to the sessions
- If you wish to attend any of these sessions, please complete and return the slip below by **Thursday 14th February 2019**

## Confirmation Slip

I confirm my booking for the following session/s: 10.30am -11.15am OR 11.15am - 12.00pm (please circle)

MOTHERS NAME:.....

ADDRESS:.....

TEL: ..... EMAIL: ..... Crèche needed? YES NO

CHILD 1: NAME..... D.O.B...../...../..... AGE.....

CHILD 2: NAME..... D.O.B...../...../..... AGE.....

Office use only: Date \_\_\_/\_\_\_/\_\_\_ Staff Name \_\_\_\_\_ Payment Received £ \_\_\_\_\_