



A CRAFTY EASTER HALF TERM

What's on:

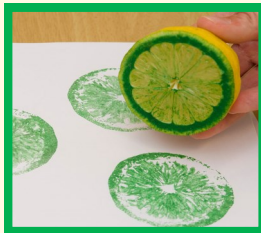
10-1pm

Monday 8th April
Mummy and Me Kickboxing
10am - 11am



*Booking Required—£2 per person

Tuesday 9th April
Fruit & Vegetable Printing



Wednesday 10th April
Stained Glass Butterflies



Thursday 11th April
Fluffy Slime



Friday 12th April
Cupcake Decorating



Ihsan Children's Centre April 2019 Services



Stay & Play Themes

2nd-5th



8th - 12th

Easter Fun Week



24th- 26th

Islamic Awareness Week



15th – 18th Stay and Play Closure

Ihsan Children's Centre
Closures

19th – Good Friday Closure

22nd – Bank Holiday Closure

23rd – Staff Inset Day

Please Note:

Our Activities and Sessions are open to all Hackney Mothers & Female Carers



Mobile Phone usage is not allowed in the Stay & Play hall.



66-68 Cazenove Road, Stoke Newington, London N16 6AA

Tel: 020 8806 1147 (ext. 3) Email: admin@ihsancc.org.uk



Hackney Children's Centres
 The place for families with children under five

Ihsan Children's Centre Calendar April 2019

These services are generally FREE!
Simply fill in a registration form on your first visit

Monday



Sister Fit Exercise
Classes for Mums
1st & 29th April
(8th, 15th & 22nd closure)
Time 9:45 - 10:45

NEW!

Islamic Awareness Week

29th April - How to stay fit in Ramadan with Kelly (fitness instructor)

30th April - Multi Faith Area

1st May - Sunnah Table

2nd May - Try on an Abaya/ Scarf

My Child's Journey Folder

Celebrate your child's educational journey by recording their milestones in a free folder.

Use free arts and craft materials, print pictures and track your child's progress and development.

Onwards & Upwards

For support and guidance in searching for training, jobs, volunteering opportunities & completing CV's



Book an appointment

Tuesday

Stay and Play
9:15 - 11:30

Drop in play sessions for children aged 0-8.

NEW!

Understanding Behaviour In Early Years

Understand your child's behaviour via communication

2nd April
10-12

Messy play

2nd - Mud Kitchen



30th - Fun with Paint



Breastfeeding helpers available to support you at the Ihsan CC. Please speak to a member of staff.

Wednesday

Stay and Play
9.15 - 11.30

Drop in play sessions for all children aged 0-8.



Teddy Bears Picnic

Bring your bear in to stay and play and let's sit together and share a sandwich

Lets Gets Active With Henry *

Wed 10th April
9.30-11:30am

Discover some fun ways to get your little ones and you up and moving! Join in and learn a whole host of active games you can enjoy at home with your baby to support their physical development

Annelar Grubu
11:45-12:45
24th April 2019

Toy Library and Free Home Learning Resource Packs
Every Wednesday 12-1pm

Information advice and guidance

Support with parenting, housing, benefit, immigration, ESOL & other needs

Thursday

Stay and Play
9:15 - 11:30

Drop in play sessions for children aged 0-8.

Little Chefs:
10:00 - 11:00

4th April- Mini Quesadillas



25th April- Munchy Oat Bars



Salt Awareness Information
25th April
10-11am

Raising public awareness of the damaging effect of too much salt in our diets to our health

Baby Health Clinic
25th April 2019
9.30AM - 11.30AM

Please bring your child's red books
WEIGHT AND HEALTH REVIEWS

Friday

Stay and Play - Ready, Steady, Go!
9:15 - 11:30



Helping children develop confidence and physical ability with exercise. Using a wide variety of kids gym equipment.

Baby Massage

15th March 2019 - 12th April
2:00pm - 3:00pm

Age: 6 weeks to pre crawlers. Baby massage is gentle, rhythmic stroking of your baby's body with your hands, a lovely way for you to express your love and care for your baby

Breast Feeding Support Group

10:00 - 12:00pm
26th April

Last Friday of every month



Spanish Chill & Chat Session*

1st May 2019
10:30 - 11:30

Please confirm attendance

Free Childcare places for 2-4 year olds

Your child may be eligible to get 15 hours free childcare during term time. Please fill in a nursery interest form to see if you are eligible (subject to place availability)